"TEFILLIN BUILDING"

COMPREHENSIVE EDUCATION OUTLINE



Need: Prayer Books Mezuzah & Scroll (Klaf) Open Tefillin & (5) Scrolls Real Tefillin

<u>Lesson 1 - What are Tefillin and Why do we Wear them?</u>

Hands On: Writing the Parchment (students will write the Shema and their name in Hebrew)

- 1) Start With The Singing Of The Shema / Veahavta And Its Translation (Pages 100 & 101 In Siddur Sim Shalom)
- 2) Focus On Words: "You Shall Bind Them As A Sign Upon Your Hand, They Shall Be A Reminder Above Your Eyes."
- 3) Open Question: What Is A "Sign"?
- 4) What Else Is There That We Use In The Veahavta? Answer: Mezuzot
- 5) Show Mezuzah Casing (Make Sure It Has A Shin On It)
- 6) What Do Mezuzot And Torot (Torahs) Have In Common? Answer: Scrolls
- 7) Show Mezuzah Scroll Show Shema 8) Point Out Shin On Casing – Not For Shema, But Rather For Shadai = God's Name Or Shomer Dalatot Yisrael (Shin, Dalet, Yud) = Guardian Of The Doorposts

of Israel, Tefillin do the same for us.

- 9) "Tefillin" Means "Prayer" "Prayer Boxes." Wear Them On Arm And Head = Close To Our Heart And Mind
- 10) What Do They Mean? Ever Hear Of Kabbalah (Madonna Studies It) – It's Bringing Meaning To The Meaningless, Like Boxes – "Spirituality" – Every Little Part Has Meaning
- 11) Take Out Open Tefillin & Show Scrolls
- 12) Scrolls Mention Tefillin "Sign Upon Hand..." Mentioned 4 Times In Torah – Show Four Sections For Head And One Section For Arm (One Big Scroll With All 4 Passages)
- 13) Show Boxes ("Bayit" = "House") And Shins On Them
- 14) Why Shin? Not Shema, But ShadaiGod Protecting Us (Like Our Homes)
- 15) What's Different About These Shins? One Shin Has 3 Arms And One Has 4
- 16) Why 3 And 4 Arms? How Many Commandments Are There? Not 10, But 613 Alef = 1, Bet = 2, Gimel = 3, Numerical

Equivalent Of Shin Is 300 (X2 Shins = 600)

- Plus, The Word Sheish (2 Shins) = 6. 606, So Far
- Plus, The Total # Of Arms Of The Shins (7) = 613
- So, When We See The Tefillin We Think Of 613 Commandments
- 17) How Many Of You Come To Services Other Than Shabbat? (Not Many) Therefore, Many Have Never Seen Tefillin
- 18) Why Not On Shabbat? Tefillin Are A "Sign" And Shabbat Already Is A "Sign" To Our People, So We Don't Need Tefillin
- 19) Why Do We Wear Them? (Open Up To Answers) Lead To "God Said So."
- 20) A Sign Is A Reminder. A Reminder Of What? (Not Just One Answer, But Should Get "God" And "Mitzvot." Also, "That We Love God.")
- 21) Did You Know, According To The Talmud (Jewish Law Book), That God Wears Tefillin? What Do You Think God's Tefillin Says? That God Loves Us.

<u> Lesson 2 - What do we do with the Tefillin?</u>

- 22) Put On Tefillin For Show
- 23) Order: Arm First, Head Second, Hand Third

24) Arm:

- Bayit On Muscle Of Weak Arm (Usually Left for right handers, By Heart)
- 7 Windings Around Forearm. Why? Most Important Line Of Ashrei – "Poteiach Et Yadecha…" (82) – "God Opens God's Hands And Satisfies All Our Needs" – 7 Words
- Also, Middle Line Of Kaddish "Yehei Shmei Rabbah…" (94) "May God Be Praised Forever" – 7 Words
- Also, 7 Days Of Creation/Week
- Put On Tight, But Not Too Tight, Circulation

25) Head:

- At Hairline, If Have One
- "Tefillin Head," Like Bed Head, And Marks On Arms, Some See How Long They Last.
- Make Sure Head Straps Aren't Turned Around (Black On Inside) – If See Another, Then Should Help Them

Out – Everyone Is Responsible for Everyone Else

- 26) In New York People On Street Getting You To Put On Tefillin
- It's A "Mitzvah" Not Good Deed, But "Commandment" – God Said So
- If Have None, Then Could Borrow Someone Else's At End Of Service, Just To Put On, Bless, And Then Take Off.
- Some People Used To Wear Them All Day
- If Holy All Day, Then Can Wear All Day. But Not In Bathroom

27) Hand:

- Form Shin
- 3 Times Around Finger = Marriage
- "Veeirastich Li..." "I Betroth You To Me..."3 Times (Page 6 in Sim Shalom)
- 28) End With Wearing "Shadai" Shin, Dalet, Yud "Shin" On Back Of Hand, "Dalet" On Knot Of Head, And "Yud" On Knot Of Arm
- 29) We Wear As Adults Practice When Minors. When Do We Become Adults? 13 (Boys) And 12 (Girls) – Not Bnai Mitzvah Celebrations, But Rather Our Birthdays – Jewish (Lunar)
- 30) What Do We Do With The Tefillin Once We Are Wearing Them? Same As The Torah And The Mezuzah, We Kiss Them
- 31) When Do We Kiss Them?
- At The Shema (pg. 100/102) Each Mention Of Hand And Head
- Ashrei (82) Poteiach Et Yadecha...
- Barchu (96) "Creator Of Light And Darkness"
- = Heart And Mind
- 32) When Tefillin Can't Be Used Anymore, What Do We Do With Them? Just As With Torah Or Mezuzah Scroll, We Bury Them. Geniza Holy Text Burial Place.
- 33) What Is The Holiest Thing In Judaism? (Want Them To Answer Torah) But, The Real Answer Is "You." People Are Holier Than The Mezuzah/Tefillin/ Torah. So, We May Treat The Torah With Respect, But We Have To Treat Each Other With Even More.

Good Luck!