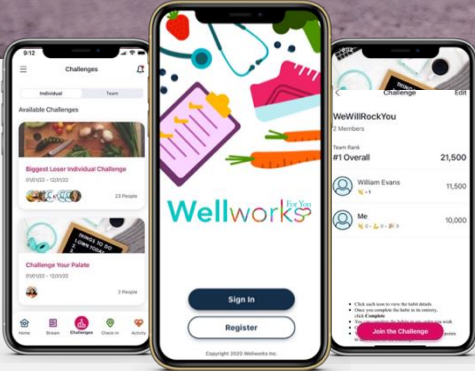




King Of The Hill Challenge

INDIVIDUAL WALKING CHALLENGE



DOWNLOAD THE APP NOW

Download through the Google Play or App Store to get started or go to wellworksforyoulogin.com to register.

Select the **Register** button on the mobile app homepage or website. You will then need to enter **13258** as the Company ID and complete your personal profile.



COMING SOON!



To Benefit:

[Donate - American Friends of Neve Hanna \(charityproud.org\)](http://charityproud.org)

To participate, please make a donation in any amount.

October 2, 2024 – October 29, 2024

Week 1 – 4,000 steps per day average or 28,000 steps in a week

Week 2 – 6,000 steps per day average or 42,000 steps in a week

Week 3 – 8,000 steps per day average or 56,000 steps in a week

Week 4 – 10,000 steps per day average or 70,000 steps in a week

This challenge is designed to encourage you to maintain a regular and consistent physical activity routine that will help to support lifelong healthy behaviors.



Questions?
Please email
wellness@fjmc.org

